

# Jeffrey T. Guterman

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## Education

Doctor of Philosophy (Ph.D.)

Major: Family Therapy

Nova University

Fort Lauderdale, Florida

Conferred 1992

Master of Science (M.S.)

Major: Family Therapy

Nova University

Fort Lauderdale, Florida

Conferred 1991

Master of Science (M.S.)

Major: Counseling Psychology

Nova University

Fort Lauderdale, Fort Florida

Conferred 1985

Bachelor of Arts (B.A.)

Major: Psychology

Boston University

Boston, Massachusetts

Conferred 1980

## Positions

Mental Health Counselor

Private Practice, workshops, consultation

1986 to current

Associate Professor

Counseling Department, School of Education, Barry University

11300 NE 2 Avenue, Miami Shores, Florida, 33161

305-899-3000

July 2010 to 2012

Assistant Professor

Counseling Department, School of Education, Barry University

11300 NE 2 Avenue, Miami Shores, Florida, 33161  
305-899-3000  
August 2004 to July 2010

Core Instructor  
New York Institute of Technology, Florida Center  
Boca Raton and Fort Lauderdale, Florida  
1993 to 2003

Adjunct Faculty  
School of Social and Systemic Studies, Nova University, Fort Lauderdale, Florida  
1992 to 1993

Care Manager  
PsychCare, Inc., Miami, Florida  
10200 Sunset Drive, Miami, Florida 33173  
786-837-7500  
2002- 2004

Care Manager  
MHN, Inc., Sunrise, Florida  
800-327-7526  
1999-2002

Supervisor, Mental Health Counselor, Care Manager  
Magellan Behavioral Health, Fort Lauderdale, Florida  
1993-1999

Clinical Director  
CPC Fort Lauderdale Hospital  
1601 East Las Olas Blvd, Fort Lauderdale, Florida 33301  
954-463-4321  
1992-1993

Mental Health Counselor  
Nova Southeastern University, Fort Lauderdale, Florida  
1990-1992

Mental Health Counselor  
Metropolitan Clinics of Counseling  
1989-1990

Mental Health Counselor  
Florida Medical Center  
5000 West Oakland Park Boulevard, Lauderdale Lakes, Florida 33313  
954-735-6000  
1985-1989

## Licensure

Licensed Mental Health Counselor; The Florida Department of Health, License # MH2183;  
Licensed originally issued on December 4, 1989; License expires on March 31, 2017.

Qualified Supervisor for Mental Health Counselors and Marriage and Family Therapists, The  
Florida Department of Health, 2005 to present.

## Professional Membership

American Counseling Association, Professional Member

## Editorial Boards

Member, Editorial Advisory Board, American Counseling Association, July 2012-June 2016;  
July 2016- June 2020.

Editorial Book Reviewer, Routledge, 2012.

Editorial Book Reviewer, Brooks/Cole, 2010.

Editorial Book Reviewer, Oxford University Press, 2010.

Ad Hoc Reviewer, *Journal of Counseling and Development*, 2007.

Editorial Board Member, *Journal of Counseling and Development*, 2004 to 2007.

Ad Hoc Reviewer, *Journal of Marital and Family Therapy*, 2004.

Editorial Book Reviewer, Teachers College Press, 1999 to 2000.

Associate editor (theory section), 1997 to 2000, *Journal of Mental Health Counseling*  
Editorial Board Member, *Journal of Counseling and Development*, 1994 to 1997

Editorial Board Member, *Journal of Mental Health Counseling*, 1994 to 1997.

Chairperson, Publications Committee, American Mental Health Counselors Association, 1994 to  
1995.

Book Reviewer, *The Family Journal: Counseling and Therapy for Couples and Families*, 1993 to 2000.

Member, Publications Committee, American Mental Health Counselors Association, 1993 to 1994.

Guest Reviewer, Special Issue “Professional Counseling: Spotlight on Specialties,” *Journal of Mental Health Counseling*, 1993.

## Community Service

Pro bono mental health counseling services, 1989 to present.

Presented workshop, “Solution-Focused Counseling: An Integrative Approach” (7 hour program), Responsibility House, Inc., Metairie, LA, November 12, 2010.

Member, Miami Beach Senior High School Parent Teacher Student Association (PTSA), 2010-2011.

Provided consulting and educational services for staff at Girls Advocacy Project (GAP), Miami, Florida, 2009. Presented education session, “Solution-Focused Counseling”(3 hour program), September 11, 2009.

Developed and maintained Internet mental health community and Web sites for professionals and students for educational and networking purposes, currently at <http://www.jeffreyguterman.com>, previously at <http://www.counselingzone.com>, 1996 to present.

Presented workshop, “Solution-Focused Work for Families” (3 hour program), Family Central Inc., North Lauderdale, Florida, August 28, 2006.

Keynote speaker at the induction ceremony for Beta Upsilon, the international honor society for students, professional counselors and counselor educators of the Barry University Counseling Association (BUCA), held at Barry University, Miami Shores, Florida, March 28, 2006.

Developed and produced the first synchronous delivery of a workshop held at the American Counseling Association’s annual convention via Internet text chat, “Counseling in the Postmodern Era” presented at the American Counseling Association's 1999 world conference, San Diego, CA.

Produced a day of scheduled Internet chats featuring mental health professionals titled, “Being there on ACA Live!” an Internet network hosted by the American Counseling Association. Presenters included Albert Ellis, Kenneth Gergen, and Sandra Rigazio-DiGilio.

Produced the first ever Internet chat under the auspices of the American Counseling Association’s ACA LIVE!, an Internet network with special guest Albert Ellis, August 21, 1996.

“Counseling as a Career.” Workshop presented at Career Day, Pine Crest School, Fort Lauderdale, Florida, March 1988.

Developed and conducted free mental health workshop series through the Broward County library system, “The Problems of Daily Living,” 1986 to 1989.

## Publications

### Books:

Guterman, J.T. (2013). *Mastering the art of solution-focused counseling* (2<sup>nd</sup> ed.) Alexandria, VA: American Counseling Association.

Guterman, J.T. (2007). *Mastering the art of solution-focused counseling* (Kyoyook Kwahaksa Publishing, Korean Trans.). Alexandria, VA: American Counseling Association. (Original work published 2006)

Guterman, J.T. (2006). *Mastering the art of solution-focused counseling*. Alexandria, VA: American Counseling Association.

### Refereed:

Guterman, J.T. (2017). Frotteurism and gender. In *SAGE Encyclopedia of Psychology and Gender* (pp. 588-591). Thousand Oaks, CA: Sage Publications.

Guterman, J.T., & Martin, C.V. (2016). Using puppets with aggressive children to externalize the problem in narrative therapy. In (A.A. Drewes & C.E. Schaefer, Eds.), *Play therapy in middle childhood* (pp. 135-151). Washington, DC: American Psychological Association.

Martin, C.V., Guterman, J. T., & Shatz, K. (2012). Solution-focused counseling for eating disorders. *VISTAS*, 1-11. Retrieved from [http://www.counseling.org/Resources/Library/VISTAS/2012\\_Vol\\_1\\_67-104/2\\_2012-ACA-PDFs/Article\\_88.pdf](http://www.counseling.org/Resources/Library/VISTAS/2012_Vol_1_67-104/2_2012-ACA-PDFs/Article_88.pdf)

Guterman, J. T., Martin, C.V., & Kopp, D.M. (2012). Science and humanities: A necessary unity for the counseling profession. *Journal of Humanistic Counseling*, 51, 145-154.

Martin, C.V., Guterman, J.T., & Kopp, D.M. (2012). Extending the dialogue about science and humanities: A reply to Hansen. *Journal of Humanistic Counseling*, 51, 161-163.

Guterman, J. T., Martin, C.V., & Rudes, J.(2011). A solution-focused approach to frotteurism. *Journal of Systemic Therapies*, 30, 59-72.

- Kopp, D.M., Nikolovska, I., Desiderio, K.P., & Guterman, J.T. (2011). "Relaaax, I remember the recession in the early 1980s...": Organizational storytelling as a crisis management tool. *Human Resource Development Quarterly*, 22, 373-385.
- Buter, S., Guterman, J.T., & Rudes, J. (2009). Using puppets with children in narrative therapy to externalize the problem. *Journal of Mental Health Counseling*, 31, 225-233
- de Castro, S., & Guterman, J.T. (2008). Solution-focused therapy for families coping with suicide. *Journal of Marital and Family Therapy*, 34, 93-106.
- Guterman, J.T., & Rudes, J. (2008). Social constructionism and ethics: Implications for counseling. *Counseling and Values*, 52, 136-144.
- da Costa, D., Nelson, T., Rudes, J., & Guterman, J.T. (2007). A narrative approach to body dysmorphic disorder. *Journal of Mental Health Counseling*, 29, 67-80.
- Rudes, J., & Guterman, J.T. (2007). The value of social constructionism for the counseling profession: A reply to Hansen. *Journal of Counseling & Development*, 85, 387-392.
- Guterman, J.T., & Leite, N. (2006). Solution-focused counseling for clients with religious and spiritual concerns. *Counseling and Values*, 51, 39-52.
- Guterman, J.T., & Rudes, J. (2005). A solution-focused approach to rational emotive behavior therapy: Toward a theoretical integration. *Journal of Rational-Emotive and Cognitive-Behavior Therapy*, 23(3), 223-244.
- Guterman, J.T., Mecias, A., Ainbinder, D.L. (2005). Solution-focused treatment of migraine headache. *The Family Journal: Counseling and Therapy for Couples and Families*, 13, 195-198.
- Guterman, J.T., & Rudes, J. (2005). A narrative approach to strategic eclecticism. *Journal of Mental Health Counseling*, 27, 1-12.
- Rudes, J., & Guterman, J.T. (2005). Doing counseling: Bridging the modern and postmodern paradigms. In G.R. Waltz & R. Yep (Eds.), *VISTAS: Compelling Perspectives in Counseling 2005* (pp. 7-10). Alexandria, VA: American Counseling Association.
- Guterman, J.T., & Kirk, M.A. (1999). Mental health counselors and the Internet. *Journal of Mental Health Counseling*, 21, 309-325.
- Guterman, J.T. (1998). Identifying pretreatment change before the first session. *Journal of Mental Health Counseling*, 20, 370-374.
- Guterman, J.T. (1996). Farewell to families: Language systems in the postmodern era. *The Family Journal: Counseling and Therapy for Couples and Families*, 4, 139-142.

Guterman, J.T. (1996). *Tales of mental health counseling. Journal of Mental Health Counseling, 18*, 300-306.

Guterman, J.T. (1996). *Doing mental health counseling: A social constructionist re-vision. Journal of Mental Health Counseling, 18*, 228-252.

Guterman, J.T. (1996). Reconstructing social constructionism: A reply to Albert Ellis. *Journal of Mental Health Counseling, 18*, 29-40.

Guterman, J. T. (1994). A social constructionist position for mental health counseling. *Journal of Mental Health Counseling, 16*, 226-244.

Guterman, J. T. (1992). Disputation and reframing: Contrasting cognitive-change methods. *Journal of Mental Health Counseling, 14*, 440-456.

Guterman, J. T. (1991). Developing a hybrid model of rational-emotive therapy and systemic family therapy: A response to Russell and Morrill. *Journal of Mental Health Counseling, 13*, 410-413.

Other:

Guterman, J.T. (2016). Coping in the Post-Election World. Psych Central. Retrieved on December 19, 2016, from <http://psychcentral.com/blog/archives/2016/12/19/coping-in-the-post-election-world>

Irving, D., & Guterman, J.T. (2016, July). Counseling career stories: Identifying strengths and solutions. *Counseling Today*, p. 12-14. Alexandria, Virginia: American Counseling Association.

Guterman, J. (2015). Problem-Solving the Solution-Focused Way. Psych Central. Retrieved on January 5, 2015, from <http://psychcentral.com/lib/problem-solving-the-solution-focused-way/00021018>

Guterman, J.T. (2014). Self-Acceptance is the key to a healthier self-image. Psych Central. Retrieved on November 23, 2014, from <http://psychcentral.com/lib/self-acceptance-is-the-key-to-a-healthier-self-image/00020766>

Schildbach, J., & Guterman, J.T. (2014, June). Mental health stigma and the noble savage. *Counseling Today*, pp. 60-63. <http://ct.counseling.org/2014/05/the-stigma-of-mental-illness-and-the-noble-savage-myth/>

Rollins, J., & Guterman, J.T. (2014). Turning points. *Counseling Today*, p. 30-33. <http://ct.counseling.org/2013/12/turning-points/>

Afremow, J., & Guterman, J.T. (2013). Stay in the solution: My interview with Dr. Guterman. [PsyBlog].

<http://www.goldmedalmind.net/stay-in-the-solution-my-interview-with-dr-jeffrey-guterman/>

Rudow, H., & Guterman, J.T. (2013, June 7). Behind the book: Mastering the Art of Solution-Focused Counseling (Online Exclusive). *Counseling Today*.

<http://ct.counseling.org/2013/06/behind-the-book-mastering-the-art-of-solution-focused-counseling/>

Fishel, A., & Guterman, J. (2012, Summer). Interview with Associate Professor Jeffrey Guterman, Ph.D. *The Official Newsletter of Barry University Counseling Department's Chapter of Chi Sigma Iota Counseling Honor Society International*, pp. 3-4.

Guterman, J.T. (2011, November 21). Abuses at Penn State [Blog post]. *Counseling Today*.  
<http://my.counseling.org/2011/11/21/abuses-at-penn-state>.

Guterman, J.T. (2011, October 1). Look out—and beyond. The Singularity is coming. *Counseling Today*, pp. 46-48. <http://ct.counseling.org/2011/10/look-out-and-beyond-the-singularity-is-coming/>

Guterman, J.T. (2010, October). Jeffrey Guterman is an associate professor of counseling at Barry University in Miami Shores, Fla., and the author of *Mastering the Art of Solution-Focused Counseling*, published by ACA (In L. Shallcross, Success stories with challenging clients (pp. 32-33). *Counseling Today*, pp. 25-35.

<http://ct.counseling.org/2010/10/success-stories-with-challenging-clients/>

Guterman, J.T. (2009, Fall). Ph.D. in counseling program granted CACREP accreditation. *Connections*, p. 1.

Guterman, J.T. (2008, March 29). Re "Fooled again" (March 16). [Letter to The Public Editor's Journal]. *The New York Times* (Online).

<http://publiceditor.blogs.nytimes.com/2008/03/29/letters-the-readers-speak-5/>

Guterman, J.T. (2007, September). Remembering Albert Ellis: Thoughts on Albert Ellis. *Counseling Today*, pp. 29-30.

<http://ct.counseling.org/2007/08/remembering-albert-ellis/>

Guterman, J.T. (2007, November 19). '...And the Pursuit of Happiness' [Letter to the editor]. *The New York Times*, p. A26.

Guterman, J.T. (2007, June 22). Between the lines in Hitchens [Letter to the editor]. *The Chronicle in Higher Education*, 53(42), p. B18.

Guterman, J.T. (2007, May 26). Immigration reform [Letter to the editor]. *Miami Herald*, p. 3A.

Guterman, J.T. (2007, March). Take responsibility for recruiting new members [Letter to the editor]. *Counseling Today*, p. 4.



- Lough, J. (2006, November). Behind the book: Interviews with the authors of books for counseling professionals [Interview with J.T. Guterman, author of the book *Mastering the art of solution-focused counseling*], *Counseling Today*, p. 34.
- Guterman, J.T. (2006, February 22). Get to bottom of teen's beating, death [Letter to the editor]. *The Miami Herald*, p. 22A.
- Guterman, J.T. (2005). Letter to the editor. *The Family Journal: Counseling and Therapy for Couples and Families*, 13, 130-131.
- Guterman, J.T. (2005, March 28). McGwire's silence courageous [Letter to the editor]. *South Florida Sun-Sentinel*, p. 29A.
- Guterman, J. (2004, September). A shock to the system [Letter to the editor]. *Discover Magazine*, Online.
- Guterman, J.T. (2004, September). 'Sticking' together, independently [Letter to the editor]. *Counseling Today*, p. 4.
- Guterman, J.T. (2001, November). Spend time enjoying life [Letter to the editor]. *Counseling Today*, p. 4.
- Guterman, J.T. (2001). [Review of the book *Creating Ceremonies: Innovative Ways to Meet Adoption Challenges*]. *The Family Journal: Counseling and Therapy for Couples and Families*, 9, 85.
- Guterman, J.T. (1999, June). Alternative to the DSM-IV [Letter to the editor]. *Counseling Today*, p.3.
- Guterman, J.T. (1999). [Review of the book *The Integrative Power of Cognitive Therapy*.] *The Family Journal: Counseling and Therapy for Couples and Families*, 7, 311-312.
- Guterman, J. (1999, Winter). counselingzone.com. *The Quarterly: the Official newsletter of the Alabama Counseling Association*, 34(3), 16.
- Guterman, J.T. (1997, September). A postmodern counselor's journeys through cyberspace. *Counseling Today*, p.38.
- Guterman, J.T. (1997). [Review of the book *Handbook of Relational Diagnosis and Dysfunctional Family Patterns*]. *The Family Journal: Counseling and Therapy for Couples and Families*, 5, 274.
- Guterman, J. T. (1996, First Quarter). Solution-focused counseling. *Network News*, 1.1, 4. (Available from Jeffrey T. Guterman, P.O. Box 770425, Coral Springs, FL, 33077-0425).
- Guterman, J. T. (1995). [Review of the book *We Can Work it Out: Making Sense of Marital Conflict*]. *The Family Journal: Counseling and Therapy for Couples and Families*, 3, 87.

- Guterman, J. T. (1995, March/April). Mental health brights. *The Advocate*, 18(7), 6.
- Guterman, J. T. (1995, February). Redefining social constructionism [Letter to the editor]. *Counseling Today*, p. 4.
- Guterman, J. T. (1995, January). Six billion earthlings could be wrong. *The Advocate*, 18(5), 2. <http://JeffreyGuterman.com/billion.html>
- Guterman, J. T. (1994, October). Publications committee. *The Advocate*, 18(3), 4.
- Guterman, J. T. (1992). *Divergent therapies: Contrasting Albert Ellis's rational-emotive therapy (RET) and the Mental Research Institute's (MRI) interactional therapy: Beyond integration and toward a basis for model building with integrity*. Doctoral dissertation, Nova University, Fort Lauderdale.
- Guterman, J. T. (1992). The process/content distinction reconsidered [Letter to the editor]. *Journal of Marital and Family Therapy*, 18, 412-415.
- Guterman, J. T. (1991). Letter to the editor. *Journal of Marital and Family Therapy*, 17, 415-416.
- Guterman, J. T. (1990). Must use diagnostic language [Letter to the editor]. *Family Therapy News*, p. 2.
- Guterman, J. T. (1990, May 16). Sorry, we're fresh out of inner bliss at the moment [Letter to the Editor]. *New Times*, p. 2.
- Guterman, J. T. (1990, March/April). Important humanist alternative [Letter to the editor]. *The Humanist*, p. 4.
- Guterman, J. T. (1990). Ice skating. *Broward Local News*.
- Guterman, J. T. (1990, March 22). Thinking. *Broward Local News*.
- Guterman, J. T. (1990, February). Wayne Dyer: The transformer. *25TH Parallel*, pp. 40-42, 93.
- Guterman, J. T. (1990, February 2). Fluffy eggs. *Broward Local News*.
- Guterman, J. T. (1990, January 26). I am for a drug free America, not a war against drugs. *Broward Local News*.
- Guterman, J. T. (1990, January 11). The time of your life. *Broward Local News*, p. 3.
- Guterman, J. T. (1990, January 4). Thought. *Broward Local News*, p. 6.
- Guterman, J. T. (1989). Ducks are an adorable distraction. In Henderson Mental Health Center Auxiliary (Eds.), *The Collection*. Fort Lauderdale, FL: Author.

Guterman, J. T. (1989, November/December). RET is humanistic psychotherapy [Letter to the Editor]. *The Humanist*, p. 4.

Guterman, J. T. (1989, December 28). Happiness is the way. *Broward Local News*.

Guterman, J. T. (1989, December 14). Forgiveness. *Broward Local News*, p. 6.

Guterman, J. T. (1989, December 7). Dr. Wayne Dyer. *Broward Local News*, p. 9, 10.

Guterman, J. T. (1989, November 30). Believing is seeing. *Broward Local News*.

Guterman, J. T. (1989, November 23). Just sing. *Broward Local News*, p. 13.

Guterman, J. T. (1989, November 16). Clip-on neckties. *Broward Local News*.

Guterman, J. T. (1989, November 2). Santa Claus, True Love, and other Myths. *Broward Local News*.

Guterman, J. T. (1989, November 9). Book review, "How to stubbornly refuse to make yourself miserable about anything--yes anything!" *Broward Local News*.

Guterman, J. T. (1989, October 5). Beyond stress management: Accepting other people. *Broward Local News*.

Guterman, J. T. (1989, October 12). Beyond stress management: Specific methods of overcoming stress. *Broward Local News*.

Guterman, J. T. (1989, October 29). My story: At last she gets to meet That Girl. *The Miami Herald*, 9N.

Guterman, J. T. (1989, September 7). Beyond stress management: How we create stress. *Broward Local News*.

Guterman, J. T. (1989, September 14). Beyond stress management: The limitations of stress management methods. *Broward Local News*.

Guterman, J. T. (1989, September 21). Beyond stress management: Eliminating stress. *Broward Local News*.

Guterman, J. T. (1989, September 7). Beyond stress management: Self-acceptance. *Broward Local News*.

Guterman, J. T. (1989, August 3). The boundaries of rational fear. *Broward Local News*.

Guterman, J. T. (1989, August 10). 15 ways to feel better about yourself. *Broward Local News*.

- Guterman, J. T. (1989, August 17). Read this before you drive. *Broward Local News*.
- Guterman, J. T. (1989, August 24). Primitive and paranoid people. *Broward Local News*.
- Guterman, J. T. (1989, August 31). Beyond stress management: Stress, events, and attitudes. *Broward Local News*, p. 7.
- Guterman, J. T. (1989, August 28). Paddling should not be tolerated in schools [Letter to the Editor]. *Fort Lauderdale News & Sun-Sentinel*, p. 4G.
- Guterman, J. T. (1989, July 5). A little whine, sir? [Letter to the editor]. *New Times*, p. 9.
- Guterman, J. T. (1989, July). Ted Bundy [Letter to the editor]. *Vanity Fair*, p. 16.
- Guterman, J. T. (1989, July 13). Guterman on Guterman. *Broward Local News*.
- Guterman, J. T. (1989, July 20). The boundaries of rational fear. *Broward Local News*.
- Guterman, J. T. (1989, July 27). Much is wasted in land of plenty. *Broward Local News*, p. 25.
- Guterman, J. T. (1989, June 29). Newspaper vendors risk lives for a living. *Broward Local News*.
- Guterman, J. T. (1989, June 22). Credit card addiction and overspending. *Broward Local News*.
- Guterman, J. T. (1989, June 15). On Marlo Thomas. *Broward Local News*, p. 4.
- Guterman, J. T. (1989, June 8). Shouldhood. *Broward Local News*.
- Guterman, J. T. (1989, June 1). Public speaking. *Broward Local News*.
- Guterman, J. T. (1989, May 25). Traffic stress. *Broward Local News*.
- Guterman, J. T. (1989, May 18). Self-acceptance, not self-esteem. *Broward Local News*, p. 12.
- Guterman, J. T. (1989, May 11). Censor this! *Broward Local News*, p. 4.
- Guterman, J. T. (1989, April 27). Action. *Broward Local News* p. 9.
- Guterman, J. T. (1989, April 20). Fear of flying. *Broward Local News*, p. 28
- Guterman, J. T. (1989, April 13). Agoraphobia. *Broward Local News*, p. 10.
- Guterman, J. T. (1989, April 6). FMC offers help. *Broward Local News*, p. 9.
- Guterman, J. T. (1989, March 30). L.F.T. *Broward Local News*, 4, 13.

- Guterman, J. T. (1989, March 23). Emotional education. *Broward Local News*, p. 12.
- Guterman, J. T. (1989, March 23). On Albert Ellis [Letter to the editor]. *Guidepost*, p. 2.
- Guterman, J. T. (1989, March 16). Can it! *Broward Local News*.
- Guterman, J. T. (1989, March 9). Look at your anger. *Broward Local News*.
- Guterman, J. T. (1989, March 2). Perfectionism. *Broward Local News*, p. 6.
- Guterman, J. T. (1989, February 16). Making relationships work. *Broward Local News*.
- Guterman, J. T. (1989, February 1). Making relationships work Part II. *Broward Local News*.
- Guterman, J. T. (1989, January 26). Making relationships work Part I. *Broward Local News*.
- Guterman, J. T. (1989, January 19). Meeting people. *Broward Local News*.
- Guterman, J. T. (1989, January 12). The Davis view. *Broward Local News*.
- Guterman, J. T. (1989, March 23). On Albert Ellis [Letter to the editor]. *Guidepost*, p. 2.
- Guterman, J. T. (1989, January 8). Many-pronged attack a must in beating drugs [Letter to the Editor]. *Fort Lauderdale News & Sun-Sentinel*, p. 4G.
- Guterman, J. T. (1989, January 5). Epictetus, not Freud. *Broward Local News*.
- Guterman, J. T. (1988, December 22). A resolution is a goal. *Broward Local News*.
- Guterman, J. T. (1988, December 15). Tis' the season to be unmiserable. *Broward Local News*.
- Guterman, J. T. (1988, December 8). Problems of daily living. *Broward Local News*.
- Guterman, J. T. (1988, December 1). How to live with a neurotic. *Broward Local News*.
- Guterman, J. T. (1988, November 24). Exciting news about boredom. *Broward Local News*.
- Guterman, J. T. (1988, November 17). Control. *Broward Local News*.
- Guterman, J. T. (1988, November 10). Shy means scared. *Broward Local News*.
- Guterman, J. T. (1988, November 3). Raid on radon anxiety. *Broward Local News*.
- Guterman, J. T. (1988, October 27). We are all F.H.B.'s. *Broward Local News*.
- Guterman, J. T. (1988, October 20). On being a parent. *Broward Local News*.

Guterman, J. T. (1988, October 6). Breaking habits is hard to do. *Broward Local News*.

Guterman, J. T. (1988, September 29). Can we be rational? *Broward Local News*.

Guterman, J. T. (1988, September 22). Heart in Seoul. *Broward Local News*.

Guterman, J. T. (1988, September 15). The Florida lottery craze. *Broward Local News*.

Guterman, J. T. (1988, September 8). My method. *Broward Local News*.

Guterman, J. T. (1988, September 1). In search of fluffy eggs. *Broward Local News*.

Guterman, J. T. (1988, August 25). Love is a verb. *Broward Local News*.

Guterman, J. T. (1988, August 18). How to stop worrying. *Broward Local News*, p. 4, 7.

Guterman, J. T. (1988, August 11). End procrastination now! *Broward Local News*, p. 4, 6.

Guterman, J. T. (1988, August 4). Working toward personal happiness. *Broward Local News*, p. 28.

## Presentations

### Refereed International:

Rigazio-DiGilio, S. A., Ellis, A., D'Andrea, M., Guterman, J.T., & Ivey, A.E. (1999, April 16). *Counseling in the postmodern era*. Workshop presented at the American Counseling Association's 1999 world conference, San Diego, CA.

Baugus, M., Guterman, J.T., & Packer, L. (1999, April 16). *Using the Internet to enhance the missions of ACA divisions*. Workshop presented at the American Counseling Association's 1999 world conference, San Diego, CA.

Guterman, J.T., Myers, J. E., Weikel, W. J., Sue, D. W., Sexton, T. L., Coe, D. M., Rigazio-DiGilio, S. A. (1997, April). *Reflections of our image*. Workshop at the 1997 world conference of the American Counseling Association, Orlando, FL.

Ginter, E. J., Ellis, A., Guterman, J. T. , Rigazio-DiGilio, S. A., Locke, D. C., & Ivey, A. E. (1996, April 22). *Ethical issues in the postmodern era*. Symposium at the 1996 world conference of the American Counseling Association, Pittsburgh, PA.

### Refereed National:

Guterman, J.T., & Martin, C.V. (2015, March 15). *The DSM-5: A postmodern re-vision for counseling*. Workshop presented at the American Counseling Association's 2015 annual convention, Orlando, FL.

Guterman, J.T., & Martin, C.V. (2015, March 14). *Solution-focused counseling: Advanced techniques and applications*. Workshop presented at the American Counseling Association's 2015 annual convention, Orlando, FL.

Guterman, J.T., & Martin, C.V. (2014, March 28). *Solution-focused counseling for depression*. Workshop presented at the American Counseling Association's 2014 annual convention, Honolulu, HI.

Martin, C.V., & Guterman, J.T. (2014, March 29). *Enhancing the therapeutic alliance with youth clients*. Workshop presented at the American Counseling Association's 2014 annual convention, Honolulu, HI.

Guterman, J.T. (2013, March 23). *Treatment failures in counseling: Lessons learned from our biggest mistakes*. Workshop presented at the American Counseling Association's 2013 annual convention, Cincinnati, OH.

Guterman, J.T., & Martin, C.V. (2012, March 24). *Solution-focused counseling for eating disorders*. Workshop presented at the American Counseling Association's 2012 annual convention, San Francisco, CA.

Guterman, J.T. (2010, March 20). *Advanced techniques for solution-focused counseling*. Workshop presented at the American Counseling Association's 2010 annual convention, Pittsburgh, PA.

Guterman, J.T. (2009, March 21). *Doing solution-focused counseling*. Workshop presented at the American Counseling Association's 2009 annual convention, Charlotte, NC.

Guterman, J.T. (2007, March 23). *Solution-focused counseling for clients with religious and spiritual concerns*. Workshop presented at the American Counseling Association's 2007 annual convention, Detroit, MI.

Guterman, J.T., & Rudes, J. (2005, April 9). *Doing counseling: Bridging the modern and postmodern paradigms*. Workshop presented at the American Counseling Association's 2005 annual convention, Atlanta, GA.

Guterman, J. T. (1995). *Mastering the art of solution-focused counseling Mastering the art of solution-focused counseling*. Workshop at the 1995 annual convention of the American Counseling Association, Denver, CO. Denver, CO.

Guterman, J. T. (1994). *Solution-focused counseling: A skills-based approach to brief and effective change*. Featured presentation at the 1994 annual convention of the American Counseling Association, Minneapolis, MN.

Refereed State:

Guterman, J. T. (2010). *Looking out and beyond: Technological evolution, The Singularity, and counseling*. Workshop presented at the 2010 annual convention of the Florida Counseling Association, Miami, FL.

Guterman, J. T. (1992). *Rational-emotive family therapy: A double systems approach*. Workshop presented at the 1992 annual convention of the Florida Association for Marital and Family Therapy, Gainesville, FL.

Invited:

Guterman, J.T. (2016, February 17). *Mastering the art of solution-focused counseling*. Workshop presented at the 18th annual Connections Count Professional Development Conference, Lake Charles, LA.

Guterman, J.T. (2016, February 18). *The DSM-5: A strength-based re-vision*. Workshop presented at the 18th annual Connections Count Professional Development Conference, Lake Charles, LA.

Guterman, J.T. (2016, February 18). *Keynote: Enhancing the therapeutic alliance with clients*. Workshop presented at the 18th annual Connections Count Professional Development Conference, Lake Charles, LA.

Guterman, J.T., & Martin, C.V. (2014, March 26). *New developments for solution-focused counseling*. Pre-Convention Learning Institute (6 hours) presented at the American Counseling Association's 2014 annual convention, Honolulu, HI.

Guterman, J.T. (2007, March 28). *Mastering the art of solution-focused counseling*. Author content session at the American Counseling Association's 2014 annual convention, Honolulu, HI.

Guterman, J.T. (2007, March 22). *Mastering the art of solution-focused counseling*. Pre-Convention Learning Institute (6 hours) presented at the American Counseling Association's 2007 annual convention, Detroit, MI.

Guterman, J.T. (2007, March 24). *Mastering the art of solution-focused counseling*. Book presentation at the American Counseling Association's 2007 annual convention, Detroit, MI.

Guterman, J.T. (2006, August 28). *Solution-focused work for families*. Workshop presented at Family Central Inc., North Lauderdale, FL. [Also listed under *Service to Community*]

Guterman, J.T., Shilts, L.G., & Rudes, J. (1993, February 26). *Solution-focused psychotherapy*. Workshop sponsored by CPC Fort Lauderdale Hospital and presented at Riverside Hotel, Fort Lauderdale, FL.



Guterman, J.T. (1989, June 21). Parenting in the 80s. Workshop presented at the Unitarian Church, Fort Lauderdale, FL.

Weekly mental health workshop series, “The Problems of Daily Living” presented from 1985-1989) at the Fort Lauderdale Library, Broward County Library, Fort Lauderdale, FL.

## Awards

AppLE Award (Appreciation for Leading Educators), Office of Commuter Affairs, Barry University, April 2, 2008.

AppLE Award (Appreciation for Leading Educators), Office of Commuter Affairs, Barry University, April 27, 2005.

Outstanding Contribution Award, The Center for Counseling Services, Plantation, Florida, 1987.

## Video

Alexander Street Press. (2012). *Solution-focused counseling with Jeffrey T. Guterman* [DVD]. Available from <http://www.alexanderstreet.com>

## Media

Cited in article, How to get blocked by Trump, September 7, 2017.

<https://cluedup.shef.ac.uk/2017/09/07/ever-wondered-people-get-blocked-trump/>

Television appearance, *France 24*, news coverage on New York City ax attack, October 24, 2014.

Cited in article, “Strengthening the Therapeutic Alliance” by Laurie Meyers, *Counseling Today*, retrieved August 19, 2014 <http://ct.counseling.org/2014/08/connecting-with-clients/>

Cited in article, “Graduation Party Ideas: Creative Ways to Celebrate Your Teen’s High School Graduation Without all the Stress” by Myrna Beth Haskell, retrieved June 18, 2014

[http://rocparent.com/articles/index.php?article\\_id=100571](http://rocparent.com/articles/index.php?article_id=100571)

Cited in *Chicago Tribune*, in article, "Start Living Your Miracle Life" by Robert Pagliarini, August 1, 2011

<http://www.chicagotribune.com/business/columnists/ct-tribu-pagliarini-miracle-solution-column,0,6919673.column>

Cited in *Slate Magazine* [online], in article, "This Little Piggy Went to Therapy: Do Shrink Really Prescribe Puppets like in *The Beaver*?" by Christopher Beam, May 9, 2011.

<http://www.slate.com/id/2293524/>

Cited in *Barry Magazine* [online], "The Puppet Master" by Elizabeth Hanly, Fall 2009.  
<http://www.barry.edu/barrymagazine/2009fall/features/puppet.htm>

Cited in *Counseling Today*, "Obituaries: Jay Haley," March 2007, p. 48.

Cited in *Counseling Today*, "Obituaries: Insoo Kim Berg," March 2007, p. 48.

Television appearance, *Community Crossroads*, WPMX-TV Miami, March 2006.

Cited in *Counseling Today*, "Grand old man of family therapy dies in Austria," November 2005.

Cited in *The New York Times* article, "After the storm: Hurricane haunts children long after winds have died," September 4, 1992, p. A1.

Television appearance, *CBS News Miami*, August 1992.

Television appearance, *Here's to South Florida*, September 1989.

Cited in *The Tribune* article, "Workshops offer help with daily problems," September 6, 1989.

Television appearance, *Here's to South Florida*, February 1989.

Cited in *News/Sun-Sentinel* article, "Sweet somethings," February 21, 1989.

Cited in, *The Miami Herald* article, "Following simple tips leads to satisfaction," January 1, 1989.

Radio appearance, WLQY-AM 1320, Hollywood, Florida, December 30, 1988.

Cited in *The Miami Herald* article, "Psychotherapist offers annual workshop series," December 11, 1988.

Cited in *News/Sun-Sentinel* article, "Psychotherapist takes aim at rules that govern lives," July 12, 1987.